

**UNIVERSIDAD DE PUERTO RICO
RECINTO UNIVERSITARIO DE MAYAGUEZ
FACULTAD DE ARTES Y CIENCIAS
DEPARTAMENTO DE CIENCIAS SOCIALES
PROGRAMA DE PSICOLOGIA
PRONTUARIO**

El que quiera conocer la psique humana, debe ser aconsejado a decirle adiós a sus estudios, e irse a deambular con el corazón abierto por el mundo. Allí en el horror de las prisiones, de los asilos para lunáticos y de los hospitales, en las barras suburbanas y los casinos (infiernos de juego), en los salones de los elegantes, en las iglesias, en los cultos extáticos y en las sectas revivalistas, en el laberinto del amor y del odio, a través de la experiencia de la pasión en su propio cuerpo en todas las formas imaginables; allí encontrarás almacenes de conocimiento más ricos que los que pueden ofrecerte textos de un pie de ancho, y allí aprenderás a curar a los enfermos con un verdadero conocimiento del alma humana. — Carl Jung, C.W. 7, par 409

Psicología 5016: La psicología analítica de Carl Jung

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Descripción del curso: Estudio de los conceptos fundamentales de la psicología de Carl Jung. Se recalcará el estudio del fenómeno religioso y la psicoterapia desde la perspectiva de la psicología analítica.

Tres horas crédito. Tres horas de conferencia semanales.

Objetivos del curso:

Se espera que al finalizar el curso el estudiante pueda:

1. Conocer los principios teóricos y prácticos de la psicología junguiana.
2. Comprender la relación entre el desarrollo de la psicología analítica y la vida de Jung.
3. Familiarizarse con el enfoque de ayuda y las técnicas de la terapia analítica.
4. Analizar críticamente el pensamiento religioso de Jung.
5. Identificar las fortalezas y debilidades de la psicología analítica.
6. Analizar las implicaciones de la teoría de Jung para el mundo contemporáneo.
7. Analizar textos literarios y filmes aplicando la psicología de Jung.

Actividades para lograr los objetivos expuestos:

1. Lecturas en fuentes primarias y secundarias.
2. Conferencias por el profesor.
3. Presentación de documentales sobre los temas que se tratarán en el curso.
4. Discusión de los temas presentados en clase.
5. Análisis de filmes y obras literarias.

Criterios de evaluación:

1. Tareas y asignaciones basadas en las lecturas de la clase (290)
2. Pruebas cortas (80)

Bosquejo temático del curso:

I. Introducción

II. Estructura de la psique

A. La psique

B. La conciencia

C. Inconsciente personal y los complejos

D. Inconsciente colectivo

E. Arquetipos: Ego, Persona, Anima, Animus, Sombra, Self (el Yo) y Puer

III. La vida de Jung y el desarrollo de la psicología analítica: Estudio de su Libro Rojo y Memorias, Sueños, Pensamientos

IV. Teoría de tipos psicológicos

V. Desarrollo de la personalidad

A. Etapas de desarrollo

B. Proceso de individuación: La sombra, anima y animus, hombre viejo y sabio, self

VI. Sincronicidad

VII. Psicoterapia

A. Psicopatología

B. Métodos terapéuticos: sueños, reconstrucción de la historia personal, interpretación, amplificación, transferencia/contratransferencia e imaginación activa

VIII. Religión

A. Visión jungiana de la religión

B. Interpretación del cristianismo

C. Jung y la espiritualidad oriental

IX. Aplicaciones de la psicología jungiana

A. Visión jungiana de la homosexualidad y el lesbianismo

B. Análisis de textos literarios y filmes

C. Chamanismo y espiritismo

D. Feminismo y psicología jungiana

E. Psicología jungiana y el ciberespacio

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